

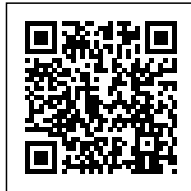
# SPECIAL PODCAST: DIREITO MENTAL

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In a special podcast of the week in review, we interview **Raquel Sampaio**, one of the co-founders of Direito Mental.

Direito Mental is an association focused on promoting mental health in the Portuguese legal community. During this podcast, Raquel spoke about the work they have been doing, including a survey that is available for all legal professionals in Portugal to download and participate in. In partnership with ProChild CoLAB and the Center for Research in Psychology at the University of Minho (CIPsi), Direito Mental is promoting a pioneering study to analyze the mental health of the Portuguese legal community. The survey is available for download, just [click here!](#)

[Week in Review 1 May - 5 May 2023](#)

Podcast hosted by Iberian Lawyer interim editor, **Michael Heron**.