

# LAUNCH OF DIREITO MENTAL ASSOCIATION

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Category: [Archive](#)

Tags: [cn1](#), [Direito mental](#)



Direito Mental, an association entirely dedicated to the promotion of mental health among the Portuguese legal community - lawyers, magistrates, jurists, law students, business support teams and their families, has officially been launched.

Direito Mental began its activity with a launch event, which took place in João Morais Leitão Auditorium, Rua Castilho 165, at 6pm on Thursday 26 May, with the following programme:

Introduction of Direito Mental by **Martim Krupenski** and **Nuno Castelão**;

“Psychosocial risks in the legal profession”

**Luís Madeira**, psychiatrist;

Round table “Mental health in the legal practice”

**José Eduardo Martins**, lawyer

**Margarida Lima Rego**, professor of law and vice-director of Nova School of Law

**Sofia Leite Borges**, lawyer

**Rita Rendeiro**, president of Direito Mental

**Raquel Sampaio**, member of Direito Mental's board

Moderation: **Teresa Espassandim**, psychologist

As founding associates, Direito Mental already gathers 12 entities: Abreu Advogados, CMS, DLA Piper, Linklaters, Miranda & Associados, Morais Leitão, PLMJ, SLCM, SRS Advogados, Uría

Menéndez, Proença de Carvalho, VdA and Farfetch.

According to Rita Rendeiro, president of the association, "in an especially restricted sector, subject to high tension and responsibility, Direito Mental provides a new approach of individual respect and balance".